

OMT's Support Workshop

Transform the way you practice and be the best you can be!

As professionals in the field of Oncology Massage we have the privilege of meeting a wide range of clients. Often these clients have such huge stories and are suffering with so many difficult health challenges. I feel sure we have all experienced our clients not surviving their illness. Sometimes we have those special ones that touch us deeply and which may heighten some unresolved emotion within us and we may need a little support to help us with this process.

This is an amazing field we work in and it is also an area of work that we particularly need to pay full attention to our own self care which includes our physical, emotional and mental wellbeing. For this reason I am establishing regular OMT Support Workshops which has the support of Oncology Massage Training Ltd.

What this group will not be doing is training or guidance in OM techniques. What this group will be is a professionally structured & facilitated peer support group which will provide the following benefits:

- Safe & supportive environment for OMT's to bring emotions, thoughts or body senses that are staying with them after client sessions;
- Opportunity to work with issues that may be limiting your availability to your clients;
- Support from OMT peers and building of real community; and
- A learning environment facilitated by a qualified therapist which may assist in uncovering what is out of your awareness and stops you in your life.

**Reserve your place now. We only have maximum of 20 spaces available.
Phone Linda on 0402 811 742 or email linda@rainbowatma.com.au**

“A year from now you will wish you started today!” (author unknown)

Inaugural OMT Support Workshop

When: Saturday 29th March 2014

Time: 10am – 4pm

Cost: \$75.00 (Tax invoice will be issued to your business)

Where: Rainbow Atma Ayurveda & Oncology Massage Clinic



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