



Speaker Profile: Lauren Muser Cates, CMT, S4OM

Lauren is the Executive Director of Healwell, a nonprofit that improves quality of life for people living with acute, chronic, and terminal illness through hands-on therapy, education, and research. She served as the Clinical Supervisor for Hospital/Oncology Massage at The Teal Center at Virginia Hospital Center from 2005-2009 and was a founding director and president of the Society for Oncology Massage from 2007-2014.

In addition to her duties providing and supervising massage for medically complicated, oncology and end of life patients at numerous hospitals in the Washington, DC area, Lauren speaks around the world on a variety of topics related to integrative medicine, emotional self-care for practitioners and the mechanics and politics of introducing massage therapy into clinical settings.

Since 2007, she has been participating in research, teaching and developing curriculum for massage therapy courses focused on hospital-based practice, oncology massage and end of life care. Lauren is passionate about elevating the profession of massage therapy and also about broader and more seamless integration of massage therapy and massage therapists into mainstream healthcare.

The Promise of Massage Therapy in an Unhealthy World

Join massage therapy educator, agitator, and trouble maker Lauren Cates for an exploration of the mounting global shift in how we look at health and illness. In this presentation, Lauren will invite us to consider the reality that the changing healthcare paradigm includes an acknowledgement that humans with kind and skillful hands are important to the future of healthcare, wellness, disease... and the human race.